

Personality Self-Assessment

Benjamin Srock

Embry-Riddle Aeronautical University Worldwide Campus

Effective Communication for Managing Projects

PMGT-502

Dr. Ki-Young Jeong

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- Include personal examples of how you prefer to interact with others.

When it came to taking my Jung personality assessment, I thought back to the old sitcoms where the wife would lie in bed and give their husbands a quiz from the back of some magazine. In the end, it always seemed that the husband was something that he wasn't. I must admit I was skeptical of what the assessment would say about me. Would I be that husband, or would I actually learn something about myself? With great reservation, I took the survey and was surprised by what I had learned.

I've always thought of myself as the type of person who would give you the shirt off of my back, and was surprised when I learned that was in fact the case with my personality. It seems, I'm an Extravert-Sensor-Feeler-Judger (ESFJ). I must admit I've been called many things, but never an ESFJ. What did this mean?

- Extraverts are outgoing, energetic, and action-oriented.
- Sensors live in the present. They rely on facts, handle practical matters well and like things to be concrete and measurable.
- Feelers let their feelings and emotions play a leading role because of their concern for other people.
- Judgers prefer a lifestyle that is decisive, planned and orderly.

Well, when it comes to my interaction within my organization, I'm someone who is a hard worker, seeks responsibility, is accountable, is very attentive, has a friendly attitude, is outgoing and social, is skilled in logistics and orchestrating resources to accomplish a project,

and takes work and organizational commitments seriously. I must admit that this made me feel very good and a little uncomfortable.

Now that I know the results of my personality assessment, how would this relate to this week's assignment? Well, this week's assignment was to visit and introduction to project communication and the differences and similarities between the PMBOK® Guide and Project Management Communication Tools. I found it fascinating that the communication tools utilized needed to be tailored to the customer and their needs. How would I be able to determine what their needs were. Will I be able get along with the stakeholders? I must admit that this concerned me at first, but knowing and understanding my personality has helped relieve those concerns as my personality indicates that I'm very attentive to the needs of wants of others and always has a friendly attitude.

I sit here reflecting about what has been, and what might be. From a communications standpoint, I've always had a knack for communicating well with my customers and I tend to be inviting and open to discussion and always prefer to listen first. My customers have needs and only they know what they are. If I'm a little lost during the initial meeting, I tend to listen first, ask questions second, and eventually get the information I need. During this process, I try to find common ground and establish the foundation for our work together. This varies customer-to-customer and project-to-project, but it seems to have worked well.

In conclusion, my concerns with taking the personality assessment have been eradicated and in its place, an understanding of my personality on many levels. Some levels are quite personal to me, but are actually important when it comes to effectively communicating with others, especially customer's.